

Press Release:

11/28/22

Local Mom Joins Staff of Housing Program

Beyond New Beginnings is a supportive housing program in Chaska for young moms and their families. It has served 8 families since it began in Dec. 2020. Moms are committed to being in school or working, and participating in the weekly support programs that are offered in life skills education.

Beyond New Beginnings is pleased to announce that Janae Vogel of Jordan has been hired as our Family Coach. She brings compassion and energy to supporting the families through the ups and downs of learning to live independently.

1. Why are you interested in working with the families at BNB?

I was a teen mom myself and I know the struggles these moms are facing and feel. It is very overwhelming and there are few positive stories. It is hard to find women that have been in the same situation that are able to give advice and support. It has been a goal of mine to be able to come and help girls in the same situation someday.

2. What are some ways you will be able to provide support for them? I have an opportunity to tell a positive story for these girls. Having faced the same challenges. I can be an example for them and help direct them in setting and achieving their goals.

3. What are some of the biggest challenges facing young moms and their children? Support, stigma, statistics, feelings of despair and the unknown. Some of them feel like their dreams for the future are now lost when they aren't.

4. How do you see yourself as a BNB Family Coach addressing some of those needs? Emotionally supporting their needs. Helping them navigate their lives, setting goals and learning the steps to achieve their goals.

5. Tell us a bit about you: where you went to school, your family and some interests. I have been married to my husband Tom for 28 years. We live in Jordan. We have 6 children, Two of which still live at home. I have one granddaughter and another one on the way. I love watching our kids in sports and their activities, I love Broadway shows, and enjoy my hobby farm animals (goats, ducks, chickens, pot belly pigs, and peafowl), I love camping especially in the Boundary Waters.

To learn more about Beyond New Beginnings -please check our website [Beyondnewbeginnings.org](https://beyondnewbeginnings.org) where you can donate, sign up to volunteer, or apply to join the program. We're also on Facebook.

Thanks, Jill Engeswick
952-426-2831





Janae Vogel, Family Coach for BNB